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| TIME Assignment Student Name:       |  |

**First, review the dance phrase you made in Assignment #2:**

Select 3 of the Action words in the Elements of Dance graphic organizer to use in a dance phrase you will choreograph. You will also pick a 4th choice, which can be any dance step or movement of your own choice. For example, you might choose “twist, float, jump” from the graphic organizer and decide to use a triplet turn as your 4th choice. You can use any style of dance for this assignment.

* Use both axial and locomotor movements in your dance phrase.
* Be inventive, but use only these 4 movements in the dance phrase.
* The phrase should be at least 15 seconds long with a clear beginning and ending - so you will have to……
* Repeat at least some movements or create variations.
* The phrase can be performed in silence or with music.

**Then, change the timing of your dance phrase to create at least two new variations.**

Use the Elements of Dance graphic organizer to see some of the ways time can be changed. For example, you could:

* Go slower or faster for the entire phrase.
* Vary the duration of just 1 or 2 movements – make them last longer or move more quickly than your original choreography.
* Add accents or syncopations.
* Use freestyle timing rather than dancing to music with a regular beat.
* Change the music - use a waltz rather than a 4/4, for example.
* Coordinate the movements with your breath rhythm.
* OR any idea of your own.

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| Describe how you changed the timing in each variation |
| Variation #1:       | Variation #2:       |
| Between your original phrase and the two variations, which one is the most intriguing to you? Why?       |

**Videotape your original phrase plus the two variations OR show your work live in class.**